

那須平成の森

Nasu Heisei-no-mori Forest Forest Recreation Zone Area Map



Approximate course time

- ◇ Komadome Path (loop course) about 3km 1h30min
- ◇ Forest footpath (loop course) about 1km 40min
- ◇ Barrier-free path (loop course) about 300m 15min

※ This is a rough estimate when walking slowly.
Individual course times may vary.

Field Center

1,050m above sea level



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OPEN

May, July, August
9:00 - 17:00
Other months
9:00 - 16:30

CLOSED

Wednesdays
(Or the following day,
if Wednesday falls on a holiday)

Field Center

As the overall entrance of Nasu Heisei-no-mori Forest, the Field Center provides information for visitors. There is a reception counter for guided walks, nature experiences & learning programs. Admission is free.



National
Parks
of Japan



日光国立公園

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Nasu Heisei-no-mori Forest
Nikko National Park



"Let This Forest be a Place to Interact with Nature."



Nasu Heisei-no-mori Forest was established in response to His Majesty the Emperor's desire that this rich natural area be protected and utilized as a place for the people of Japan to interact with nature. In the year marking the 20th anniversary of His Majesty the Emperor's accession to the Throne, jurisdiction over a part of Nasu Imperial Villa was transferred from the Imperial Household Agency to the Ministry of the Environment. Through a variety of environmental research projects, this area has been identified as having an abundant variety and quantity of flora and fauna. We will preserve this healthy forest environment and provide facilities and programs where many people can learn the significance of biodiversity and consider how best to coexist with nature through interaction with it.



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- ・Approx. 35 minutes from Nasu IC (Tohoku Expressway) by car
 - ・Approx. 35 minutes from Nasukogen SA Smart IC by car
 - ・Approx. 1 hour from Nasushiobara Station by car
- ※ There is no parking for buses Nasu Heisei-no-mori Forest. Please make inquiries to the Nasu Heisei-no-mori Field Center to arrange parking for large vehicles.



Nasu Heisei-no-mori Field Center

For more information and questions, contact

3254 Takakuhei, Nasu Town, Nasu County, Tochigi
325-0302, Japan
TEL (+81)287-74-6808 FAX (+81)287-74-6809
<https://nasuheisei-f.jp/enfc/>



Play

Learn

Feel

Why not come find your own personal nature in the Nasu Heisei-no-mori forest?

The Nasu Heisei-no-mori forest was almost never entered until recent years due to its previous status as Nasu Imperial Villa land. Today, however, it can be enjoyed year-round, from spring filled with blossoming trees to snow-covered winter. Walking through the forest, you will make fun discoveries!

Who are the "interpreters"?

Interpreters serve as bridges between nature and people. They are specialists who can convey messages from nature in an easy-to-understand way. Our interpreters are waiting for your visit with abundant knowledge about the natural environment and plenty of humor as well.

When you come to the forest, why not start by joining in a 30-minute free mini-program? An interpreter will tell you about how to enjoy the natural environment here. Apply at the Field Center.



The natural monument Japanese dormouse is also a resident of the forest.

If you want to enjoy things at your own pace, you are free to take a walk through the forest recreation zone. Why not try taking a relaxing walk through the invigorating forest at a pace that fits your level of physical strength? There are also handicap accessible paths.



Humankind also realizes that it is a part of the ecosystem.

If you want to savor nature deeply, your best option is the "Guided Walk," in which you can enjoy learning about the forest as you walk through with an interpreter. Please enjoy the rich forest in great detail. Takes about 2 hours, and requires a fee.



All living things in the forest are intricately and deeply connected.



A child's sense of wonder is nurtured through joyful experiences in nature.



Creative experiences in nature.

Calendar of highlights in the Nasu Heisei-no-mori Forest

Dogtooth violets blooming (from mid-April to early May)	Ezoajisai blooming (throughout July)	Bellflowers blooming (early October)	Wind blowing from mountains (from mid-November)
Summer birds arrive (from early May)	Amanita caesarea growing (throughout August)	Acorns falling (late September to late October)	Snowshoes workshop (from late December to mid-March)
Rhododendron quinquefolium blooming (from mid-May to early June)	Appearance of Siebold's dragonfly (from mid-July to early September)	Autumn colors (from mid-October to early November)	Winter birds arrive (from mid-November)

Spring **Summer** **Autumn** **Winter**

Flower seasons vary depending on the year.



Field Center
Information on nature and other activities in Nasu Heisei-no-mori Forest can be found at the general-purpose information desk. Visitors can also make inquiries or register for guided walks here.
TEL: (+81)287-74-6808